

## Bio on Dr. Milton S. Magness

Dr. Magness is the founder and director of Hope & Freedom Counseling Services in Houston ([www.HopeAndFreedom.com](http://www.HopeAndFreedom.com)). He is a psychotherapist and Certified Sex Addiction Therapist. Dr. Magness is president of The *Society for the Advancement of Sexual Health* (SASH), formerly known as the *National Council on Sex Addiction and Compulsivity*. He has earned the following degrees:

- Doctor of Ministry, Luther Rice Seminary
- Master of Arts in Psychology, Houston Baptist University
- Master of Arts in Religious Education, Southwestern Seminary
- Bachelor of Arts (Cum Laude), Sam Houston State University.

Dr. Magness has studied with Dr. Patrick Carnes, the foremost authority on sex addiction, and has done specialized study in the area of cybersex addiction. He has led national workshops on cybersex addiction and has conducted a multi-state research study that focused on cybersex behavior and recovery among self-identified sex addicts. He is a frequent speaker at both professional and public events.

Through Hope & Freedom Counseling Services, Dr. Magness specializes in Three-Day Intensives with couples. Intensives are an extremely rigorous therapeutic process designed to equip people with the tools necessary to make a permanent break with all compulsive sexual behavior and then to lead couples in a marriage rebuilding process. Three-Day Intensives are conducted at a discrete location in the Canadian Rockies or at the Hope & Freedom facility in Houston.

In addition to his Three-Day Intensives, Dr. Magness conducts numerous retreats each year. He offers specialized retreats for men as well as Leadership Retreats for successful couples who want to be able to interact with couples like themselves in a recovery process that offers both support and anonymity.

Dr. Magness focuses a significant portion of his practice in working with senior executives and other high profile individuals such as celebrities, physicians, and successful entrepreneurs. He also has intensives for specifically for clergy who struggle with compulsive sexual behavior.

While his main website is [www.HopeAndFreedom.com](http://www.HopeAndFreedom.com), Dr. Magness has specialized websites for clients who are part of various populations, including:

- [www.ExecutivesInCrisis.com](http://www.ExecutivesInCrisis.com) (also found at [www.CelebritySexAddict.com](http://www.CelebritySexAddict.com)),
- [www.PhysiciansInCrisis.com](http://www.PhysiciansInCrisis.com),
- [www.WoundedClergy.com](http://www.WoundedClergy.com), and
- [www.StopSexAddiction.com](http://www.StopSexAddiction.com), for persons whose partner/spouse is engaged in compulsive sexual behavior.

In addition to his work as a psychotherapist, he is the author of numerous audio books that are found at [www.RecoveryOnTheGo.com](http://www.RecoveryOnTheGo.com).